

THE ANXIOUS GENERATION

HOW THE GREAT REWIRING OF CHILDHOOD IS CAUSING AN EPIDEMIC OF MENTAL ILLNESS

Online Bookstudy

A free copy of the workbook will be provided for the first 15 registrants!!

15 CONTACT HOURS

This online course is free for SOESC Member Districts. Non-Member District Cost - \$75

Course Details

- **DURATION: 8 WEEKS**
- **Format:** Online Course using Google Classroom
- **CHOOSE FROM TWO COURSE OPTIONS:**
 - Option 1: February 10, 2025 - April 14, 2025
 - Option 2: June 9, 2025 - August 4, 2025

What You'll Learn

- Explore the causes and impacts of anxiety in today's generation
- Discuss effective coping mechanisms and strategies
- Understand the role of technology and social media
- Connect with peers and share experiences

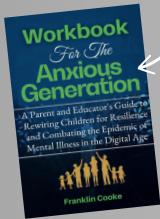
Why Join?

- **Flexible Schedule:** Participate from the comfort of your home
- **Expert Guidance:** Learn from leading mental health professionals
- **Community Support:** Be part of a supportive and understanding community

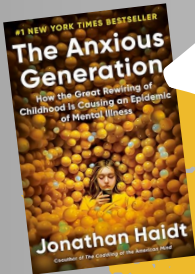
Register Here! 

Click on the image to order a copy of your book. This book is required for the online course.

Available for Kindle, Audiobook, Paperback, and Hardcover



Approved For College Credit Through Ashland University!



For questions, contact:
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Leading with innovative solutions for student and community success.