

# TRAUMA- INFORMED CARE: AN INTRODUCTION

5/22/19 9:30A-12:30P

Participants will learn how childhood and life experiences, including neglect and traumatic stress, change the brain and therefore the physical and mental health of an individual. Ways to assess adverse childhood experiences and resilience will be introduced. Attendees will enhance their ability to plan supports and services that are informed by a clearer understanding of "What has happened to you?" and "What have you done to survive?" rather than "What is wrong with you?"

**Dr. Angela Everson Ray** received her Masters and Doctoral degrees in psychology from The Ohio State University, specializing in mental health services for persons with Intellectual/Developmental Disabilities (IDD). She is the Director of Psychology for the Franklin County Board of Developmental Disabilities in Columbus where she coordinates a team of 10 clinicians (a psychologist, psychology assistants, licensed professional clinical counselors, and behavioral specialists). She has served people of all ages with I/DD and co-occurring mental illness for over 35 years in private practice and at the FCBDD. Dr. Ray is an advocate for access to mental health services for all and works to build community capacity for mental health services for persons with co-occurring I/DD and mental illness. Dr. Ray is a trained trauma professional and has taught a variety of audiences about trauma-informed and trauma-responsive care. She is a member of several professional organizations.

**Cheryl Binegar** is a Service and Support Administrator and Good Life Coordinator from the Fayette County Board of Developmental Disabilities. She received her degree from Kentucky Christian University and holds licensure as a Social Worker. Cheryl has been employed with the FCBDD for over 15 years and specializes in children, trauma-informed care and The Good Life Mental Model. Before her work with the county board, Cheryl started her career as a Therapeutic Foster Care Case Manager and worked closely with children and families who were survivors of trauma. Cheryl is a regional trainer through the joint DODD/ OhioMHAS Trauma-Informed Care curriculum, sharing her passion to help spread the word about TIC to all agencies and community members.

## LEARNING OBJECTIVES:

1. Define trauma and trauma-informed care
2. Describe the ACE study and the essential elements of comprehensive trauma & resilience assessments
3. Discover basic trauma-informed/ responsive strategies to use in any setting

## LOCATION:

Southern State Community  
College Central Campus

100 Hobart Dr.  
Hillsboro, OH 45133

Registration is available at the  
below web address:

[HTTP://REG.PLANETREG.COM/E  
41211305562629](http://REG.PLANETREG.COM/E41211305562629)

For more information, please  
contact Matt Bavlnka @  
[Matthew.Bavlnka@dodd.ohio.gov](mailto:Matthew.Bavlnka@dodd.ohio.gov)

This training is provided  
FREE of cost by:

**The Central Ohio  
Trauma-Informed Care  
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A collaboration between  
OhioMHAS and DODD